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# Free AI Resources for Beginners

Curated for Mums on Cloud Nine Podcast Listeners by Julia Druck

# Why These Resources?

Getting started with AI doesn't have to be complicated. I've put together my favourite free resources for learning about AI agents and automation.

Start with Lindy. It's what I use for my Family Command Centre, and it's genuinely beginner-friendly. Once you're comfortable, explore the other platforms to find what works best for you.

- ⓘ No coding required for any of these.

# Read: Articles & Guides

1

## What is an AI Agent?

A simple explanation of what agents are and how they're different from chatbots like ChatGPT. Great starting point if you're new to all this.

[Read the Beginner's Guide](#)

2

## Lindy: AI Agent Tutorial

Step-by-step guide to building your first AI agent. Clear instructions, no fluff.

[View Tutorial](#)

3

## Lindy Templates Library

Browse 41 ready-made automations you can use immediately. Great for inspiration or just getting something working quickly.

[Explore Templates](#)



# Watch: Video Tutorials

## The Only AI Agent Tutorial You'll Ever Need

**Duration:** 11 minutes

Official Lindy video where you'll build 2 complete agents from scratch. Practical and easy to follow.

[Watch on YouTube](#)

## No-Code AI Playbook

**Duration:** 30 minutes

Maven lightning lesson. Launch your first AI agent using Lindy in under 30 minutes. Free to access.

[Start Learning](#)



# Get Started Now

## Sign up for Lindy

400 free tasks included. No credit card required. This is where I'd recommend starting. Start building!

[Create Free Account](#)



**400**

**Free Tasks**

Included with every account

**£0**

**Cost to Start**

No credit card required

**0**

**Coding Skills**

Needed to get started

# Want to Go Further?

Once you've got the basics, these platforms offer more advanced learning:



## MindStudio University

Free video courses on building AI agents without code.  
Well-structured curriculum.

[Visit MindStudio University](#)



## Learn Zapier in 14 Days

Daily video lessons for automation beginners. Bite-sized and easy to fit into a busy schedule.

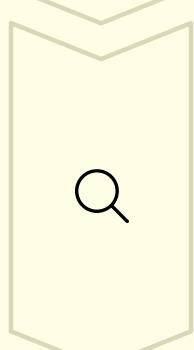
[Begin 14-Day Journey](#)



## Make Academy

Free courses from beginner automation through to AI agents. Good progression path.

[Explore Make Academy](#)



## n8n Beginner Course

Free text and video tutorials on workflow automation. More technical but very thorough.

[Start n8n Course](#)



# About Julia



I'm Julia Druck, founder of **Serpin**. I help professional services firms implement AI thoughtfully, focusing on practical automation that actually works.

Before starting Serpin, I spent years as a product manager, which means I think about AI in terms of real problems and real solutions, not hype.

The Family Command Centre I mentioned on the podcast? That started because I was drowning in school emails, club schedules, and birthday party invites.

Now an AI agent handles it all.

# Let's Connect

I'd love to hear how you get on with these resources.



## Connect on LinkedIn

Follow my journey and share your AI automation wins

[linkedin.com/in/juliadruck](https://linkedin.com/in/juliadruck)



## Book a Virtual Coffee

Let's chat about your AI automation goals

[Schedule a Time](#)

Happy automating! 